

## RETURN TO CLASS PROTOCOL

28th February 2022

**This Return to Class Protocol has been issued 28th February 2022**

### Introduction

The purpose of this **'Return to Class Protocol – 28th February 2022'** communication is to set out for our Calisthenics community what the State Government COVID-19 announcements mean for Clubs and performers.

In preparing this information for our Clubs, their Members, Performers and Coaches, Calisthenics Victoria is keeping abreast of the latest announcements and developments. These include:

- Australian Institute of Sport Framework for Rebooting Sport in a COVID-19 Environment
- Victorian State Governments Guidance and Return to Play Plan for Victorian Community Sport and Recreation Organisations
- Latest Victorian State Government COVID-19 announcements
- Announcements by the Victorian Chief Health Officer Restricted Activity Directions

Please note that this Protocol refers to the **'Return to Class Protocol – 28th February 2022'** conditions only.

It is essential that Clubs and performers always comply with Government regulations and work within the restrictions described in this protocol and do not move ahead of the Step protocol. The following protocols adhere to Victorian Government regulations and restrictions. At all times clubs must ensure they follow Government regulations which are subject to change at short notice. If at any time there is a conflict between this protocol and Government regulations, then Government regulations apply.

**28th February 2022**

**Protocols for Clubs and Performers**

The following information applies to all Calisthenics Victoria Clubs and their performers with effect from **28th February 2022**.

Area	Protocol
<b>Indoor classes</b>	Permitted
<b>Check In Requirements</b>	QR codes not required for those attending solely for purpose of community sport
<b>Vaccination Requirements</b>	Community sport is <u>excluded</u> from vaccination requirements if participants are attending solely for that activity. The exclusion applies to attendees who are necessary to facilitate the community sporting activity, such as participants, workers, and volunteers.
<b>Masks</b>	Not required
<b>Contact &amp; Physical Distancing</b>	Contact is allowed
<b>Equipment</b>	Any equipment should be cleaned between uses
<b>Club Venue</b>	All Clubs must have a COVIDSafe Plan  COVID-19 health information posters must be placed around venue  Signage must be placed on Club venues entrances advising “Do Not Enter if you have any of the following COVID-19 symptoms – cough, fever, fatigue, sore throat, shortness of breath”  Cleaning requirements are as per individual venue requirements
<b>Hygiene</b>	Alcohol based hand sanitisers must be available during all training sessions
<b>Length of training</b>	At discretion of club
<b>Classes per week</b>	At discretion of club
<b>Break between sessions</b>	Minimum of 15 minutes (to allow groups to depart/arrive without mixing and any cleaning required)
<b>Who cannot train</b>	Any coach, support person or performer who is showing any signs of a fever, cough, fatigue, sore throat or shortness of breath must not attend classes and should seek medical advice

These directions apply to all Calisthenics Clubs and performers **effective from 28<sup>th</sup> February 2022**. Clubs should educate coaches and other support persons of these requirements and ensure that all performers, parents and guardians are notified of the requirements before classes commence.

### **COVIDSafe Plan**

All clubs are required to have an up to date COVIDSafe Plan. A COVIDSafe Plan Template is available to all Clubs to assist them in ensuring they implement all requirements.

### **Additional information**

- [COVID-19 Posters](#)
- [COVID-19 Symptom Checker](#)
- [COVIDSafe Plan template](#)
- [QR Code Guidelines](#)

### **Other questions**

We understand that your Club may have questions arising from these announcements. If so, please contact our Operations Manager ([stephanie.millar@calisthenics.asn.au](mailto:stephanie.millar@calisthenics.asn.au)) at the Calisthenics Victoria office. If required, Calisthenics Victoria will create a Frequently Asked Questions document and/or use this information to inform the next protocol.