

TEAM RULES

2020



CALISTHENICS
VICTORIA

The contents of these rules must be read in conjunction with the ACF National Rules and Regulations.

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SECTION 1: CONDITIONS OF ENTRY

1.1 ELIGIBILITY

For Clubs to be eligible to compete in any Calisthenics Victoria Affiliated Competition: -

- a) All competitors must be fully registered with Calisthenics Victoria or their respective State Association and must be a minimum of 3 years of age as of December 31st 2020.
- b) All Coaches must be correctly registered as an ASC Level One/Two Coach through their State Body.
- c) Clubs must have a current grading from Calisthenics Victoria Grading Committee

1.2 COMPETITORS (*Victorian Flexible Rule*)

- a) Competitors can only compete once in each item in their appropriate age group
- b) A competitor or team cannot compete in two age sections in the same item
Except - Song & Dance, Calisthenic Revue and Dance Arrangement where a maximum of six competitors will be permitted to work up into an older age group on the proviso that the Intermediates working up into the Senior Section meet the Senior age requirement of 16 years.

Sanction for both a) and b) - No aggregate points will be awarded (or will be retracted) and no prize money will be awarded, for the items concerned & the coach listed on competition entry will be deregistered for 12 months.

- c) Competitors can only compete with one registered club per competition season unless transfer is approved by Calisthenics Victoria Office.

Sanction - competitor will be deregistered for 12 months and the 'new club' will be fined \$500.

1.3 AGE GROUPS (*Victorian Flexible Rule*)

- a) Age groups in Victoria are as follows (as of 31st December 2020):
Tinies - 7 years and under
Sub-Junior - 10 years and under
Juniors - 13 years and under
Intermediates - 17 years and under
Seniors - 16 years and over (no maximum)
Masters - 26 years and over (no maximum)
- b) A performer who is 15 years of age at 31st December, will be permitted to appear in the Senior section provided:
 - i) Written permission is obtained from Calisthenics Victoria
 - ii) The performer does not appear in a same item in the Intermediate section
 - iii) There is no provision for such performer to work in the Intermediate section
 - iv) That such upgrading does not jeopardise the Intermediate section of the Club.
- c) Country Clubs for Country Competitions – Permission may be given for 14 year old performers to compete as Seniors if Clubs do not have enough Intermediates to form a competitive team.

1.4 ENTRIES & WITHDRAWALS

- a) All entries must be received by the closing date specified on the CaliVic website

- b) Section late entries will be accepted as follows:
 - i) up to 1 week after the closing date – *penalty administration fee = \$25 per age section*
 - ii) up until schedule release date – *penalty administration fee = \$50 per age section*
- c) Additional team entries (2nd and subsequent teams) will be accepted as follows:
 - i) one month after closing date – no penalty administration fee
 - ii) after schedules have been released – *penalty administration fee = \$50 per section*
- d) Late transfer entries will be accepted until 30th April from teams who have been referred by other competitions - without penalty
- e) All adjustments are subject to the availability of time, program, and venue space and Competition Convenor reserves the right to deny late entry with this decision being final.
- f) If a Club withdraws from a section, refunds will only be applicable prior to the release of the Competition Schedule
- g) A club can withdraw an item at anytime. No refunds will be given for item withdrawal.

1.5 ENTRY FEES & OTHER COMPETITION RELATED CHARGES

- a) Clubs are required to pay their entry fees as per the number of performers registered on 31st March.
- b) Base rate of \$24.00 per item (6, 7 & 8 competitors), then \$3 per additional performer per item
- c) The balance for extra performers registered after that date should be paid within 7 days following their team’s competition
- d) If more performers are registered with Calisthenics Victoria than appear at competitions, the club may apply for a refund of amounts over \$36.00 per competition through the Competition Convenor. Refunds will be at the discretion of the Competition Convenor (i.e. not applicable for absences on day)
- e) Entry Fees can be paid in two instalments if total is over \$400 per competition– 50% with lodgment of the Entry Form, and the balance by 1st July.
- f) Entry fees must be paid by the due date.
Sanction - \$200 fine per club and prize money will not be paid.

1.6 NUMBER OF COMPETITIONS

- a) Maximum number of Team Competitions a Club may enter per age group per year is 5 including Royal South Street (Masters – 4).

1.7 MINIMUM NUMBER OF COMPETITORS (*Victorian Flexible Rule*)

- a) Clubs with multiple teams in one age section – all teams require a minimum of 8 competitors. Only the lowest team is permitted to perform with a maximum of 2 less competitors with a -5 penalty applied. Each higher team must have 8 performers (ie: team of 24 must not have a 10, 7, 7, it would need to have in this instance, 10, 8, 6)

	Team 1	Team 2	Team 3
✗	10	7	7
✓	10	8	6 - Would receive -5 penalty

- b) The following minimum numbers apply to clubs with only one team per age section at Calisthenics Victoria Affiliated Competitions.

	CR – Division 11	Championship
Without penalty	6	8
With -5 point penalty	5	6-7

For a team to compete without penalty Clubs must apply to Calisthenics Victoria for a letter to present at competitions at least one week prior to competition. Absences on the day of competition are not covered by this rule.

Penalty Summary Table

Scenario	CR – Division 11	Championship
8 or more registered and less than 8 appear	-5 penalty	-5 penalty
7 registered and compete (exemption approved by Cali Vic)	No penalty	-5 penalty
7 registered (exemption approved) but only 6 compete	-5 penalty	-5 penalty
7 registered (exemption approved) but only 5 compete	-5 penalty	Can't compete
6 registered and compete (exemption approved by Cali Vic)	No penalty	-5 penalty
6 registered (exemption approved) and only 5 compete	-5 penalty	Can't compete
5 registered (exemption approved) and compete	-5 penalty	Can't compete
Fewer than 5 registered	Can't compete	Can't compete

1.8 MASTERS

- If a Club has a large number of members in their Masters section and there is a great variation in their Calisthenic abilities, they may apply to Calisthenics Victoria Grading Committee to have 2 sections of Masters graded separately.
- Each team must have a different name.
- There must be a minimum of a 3-division variance.
- Team members are not interchangeable between the two Master's teams.

1.9 NON-APPEARANCE

- Clubs must notify Competition Convenor of non-appearance of an age section at least 24 hours in advance
Sanction - \$100 fine. Non-payment = automatic exclusion of the team from any competition for the following 12 months

SECTION 2: COMPETITION RULES

2.1 ADMISSION PRICES

- a) Admission prices are set by each Competition according to venue costs
- b) Companion Card Holders are entitled to concession priced entry and the carers they are with receives complementary admission. The carer must be with the person requiring care at the time of purchase. Companion Card tickets can only be purchased at the ticket box.
- c) Carer's Cards are not accepted at competitions
- d) Pensioner Concessions are applicable to holders of Australian Government Pensioner Concession Cards (Aged, Disability, Veterans Affairs etc.). Health Care Cards and Seniors Cards are not valid for concession prices at Calisthenic event.
- e) The Calisthenics Victoria age for children's tickets is 16 years & under. Children under 2 years old are not required to purchase a ticket.

2.2 COACHES

- a) Free admission will be given to the Registered Level One/Two Coach and up to 2 additional assistants for the section of competitions when their team is competing. Any additional assistants may pay a Child's admission price for that section
- b) If a Club has 3 teams, one additional pass is required
- c) Male assistants/coaches shall be given access to backstage only. The competing club must notify the competition convenor at time of entry to allow notification to be given to other teams entering. Access to backstage must not be via dressing rooms.

2.3 COMBINED GRADES AT COMPETITIONS

- a) Up to two divisions maximum can be combined.
- b) Where a competition is combined the lower division will have 1 point added to their total by the adjudicator (Tinies-Masters)
- c) Where items differ between divisions no combined competition is possible.

ADDITIONAL COUNTRY RULE

- d) Where multiple divisions are combined at a competition the team in the lowest grading will receive a handicap point. ie Division 8 & 9 teams combined, the items of the Division 9 teams will be given 1 point to their total by the adjudicator. Permission must be sought from Calisthenics Victoria to combine more than 3 divisions.

2.4 EXEMPTIONS

- a) Clubs must apply through the Calisthenics Victoria office for exemptions that include:
 - i) Performers to compete outside their age group
 - ii) Disability letters for adjudicators
 - iii) Less than minimum number penalty exemption
- b) Requests must be accompanied by supporting documentation (eg Medical Practitioner advice etc)
- c) Requests for exemptions and disability letters must be received at least one (1) month prior to competitions unless special circumstances apply.

- d) Once approved, disability letters must be provided to competition convenors at check-in

2.5 PREGNANCY

- a) If a performer would like to compete whilst pregnant, they must obtain a clearance from their obstetrician on a monthly basis. Clearance should be supplied to the competition convenor upon check in.

2.6 EARLY ARRIVALS/LATE DEPARTURES

- a) Teams must not enter competition venues earlier than 45 minutes prior to the scheduled starting time.
- b) Dressing rooms/venues must be vacated within 15 minutes of the conclusion of the competition.
Sanction - \$25.00 fine.

2.7 PROPERTY DAMAGE

- a) Clubs/club members are responsible for any damage to venues (e.g. lipstick, leg tan on walls/floors; applying leg tan in toilet areas; damage caused by props, etc., including damage to the cyclorama).
Sanction - \$100.00 fine plus cost of repairs
- b) Dressing rooms must be left clean and tidy and without unreasonable rubbish left in room.
Sanction - \$50.00 fine.

2.8 RISK MANAGEMENT AND OH&S

- a) Clubs must supply Calisthenics Victoria with the following details prior to competitions:
 - i) Competitor List
 - ii) Section Coaches, Assistants and helpers
 - iii) WWC/VIT numbers for dressers/backstage volunteers
- b) Club administrators/coaches must not knowingly allow a competitor with an infectious disease to be present/competing at a competition.
- c) In the event of an onstage injury, coaches/parents are responsible for stopping the item and removing the injured competitor. If this is not done, the Stage Manager will then assume responsibility.
- d) Anyone handling or assembling props and stage dressing backstage, must be 18 years of age. This is an OH&S requirement of the theatre
- e) Stage Dressing (props) must not be placed on stage or removed in a blackout
- f) Competitors appearing with existing injury or illness, do so at their own risk. Calisthenics Victoria personal accident insurance does not cover pre-existing injury or illness.

2.9 DRESSERS

- a) Dressing room passes do not admit dressers to the audience
- b) All dressers must have a valid WWCC/VIT

2.10 MALES IN DRESSING ROOMS

- a) Calisthenics Victoria Policy only permits fathers/male guardians in dressing areas, as dressers, at all Tinies and Sub Junior age Competitions, provided that the organisers are advised on arrival and other competitors sharing the dressing room are agreeable.
- b) Males other than those in the above point are not permitted in female dressing rooms.

2.11 MINIMAL RULES

- a) The following sections follow ACF Minimal Rules in Victoria:
 - Championship Juniors
 - Championship Intermediates
 - Champ Reserve Seniors
 - Championship Seniors

All other sections and divisions are Standard Rules

2.12 LIGHTING (*Victorian Flexible Rule*)

- a) Lighting in Core Items (March, Clubs, Free Exercises & Rods), is not permitted except for those divisions/sections with minimal rules.
- b) Intermediate Championship Reserve section is allowed lighting and DLP in Core Items. All other rules remain as per standard rules

2.13 MID CURTAIN

- a) Where the distance is less than 75cm from cyc to back curtain at any venue, the mid curtain may be used for a reveal.
- b) Performers to be placed as close to back curtain as practical.

2.14 FRONT CURTAIN – AESTHETICS/RHYTH. AESTH. (*Victorian Flexible Rule*)

- a) If the item commences in a blackout, coaches are not permitted on stage during the set-up to check the placement of the competitors
- b) For safety reasons, the front curtain may be closed whilst competitors find spots on the stage. Once ready the stage may go to blackout and the curtain lifted. Coaches are not permitted on stage during set-up

2.15 RECOGNITION OF SECOND/SUBSEQUENT TEAMS

- a) Provided a section in Tinies, Sub Juniors, Juniors and Intermediates has a minimum of 12 teams compete, with a minimum of 6 first and 6 second/subsequent teams, all Competitions must run 2 divisions.
- b) Where Grading has divided Divisions to include only 5 clubs, these will also qualify for 2 divisions as long as 5 first and 5 second / subsequent teams compete
- c) The number of placings announced in second division will be at the discretion of the Adjudicator
- d) No prize money will be paid for second division.

2.16 RESULTS

- a) Results will be announced after every 2nd item unless more time is required to facilitate change of costumes in small sections
- b) Panel sections – results to be announced following the break after every 2nd item.

2.17 AGGREGATE (Victorian Flexible Rule)

- a) To be eligible for the aggregate and reserve trophies at the Victorian State Championships a team must compete in all items programmed.
- b) Points for Aggregate Trophies will be assigned as follows:

1st	2nd	3rd	4th	5th
6 pts	4 pts	2 pts	1 pts	.5 pt

2.18 RIGHT OF REVIEW

- a) A Right of Review is only available when all items have been recorded. These may be referred to regardless of whether or not all Coaches/Clubs have requested their items to be recorded (Refer to ACF Rule 1.6 Right of Review.)
- b) If DVD/video facilities are available to be used for the “Right of Review”, the nominated Competition Official appointed to oversee the process must sign the Confidentiality Agreement in the ACF Rules.

2.19 TIME LIMITS

	CORE ITEMS	FANCY ITEMS
Tinies	1½ - 2½ minutes	2 – 3 minutes
Sub Juniors	1½ - 2½ minutes	2 – 3 minutes
Juniors	2 – 3 minutes	2 ½ - 3 ½ minutes
Inters	All items 2 ½ - 3 ½ minutes	
Seniors	All items 2 ½ - 3 ½ minutes	
Masters	2 ½ - 3 ½ minutes	3 – 4 minutes
Minimal Rules	Times in accordance with each section above. (Note: No twenty second rule applicable)	

SECTION 3: SUITE OF ITEMS 2020/2021

TINIERS: All Divisions: Free Exercises, Rods, Character/Folk Dance, Song with Actions/Movements

SUB-JUNIORS

Championship (6 items – SET)	Champ Reserve – Division 3 (6 items – SET)	Division 4-7 (6 items – ROTATING)	Division 8 -12 (6 items – SET)
March	March	March	March
Clubs	Clubs	Clubs	Clubs
Free Exercises	Free Exercises	Free Exercises	Free Exercises
Rods	Rods	Rods	Rods
Aesthetics	Aesthetics	Aesthetics	Aesthetics
Song & Dance	Song & Dance	Song & Dance 2020 Cali Revue 2021	Cali Revue

JUNIORS

Championship (6 items - SET)	Champ Reserve – Division 3 (6 items - SET)	Division 4 – 7 (6 items – ROTATING)	Division 8 – 12 (6 items – SET)
March	March	March	March
Clubs	Clubs	Clubs	Clubs
Free Exercises	Free Exercises	Free Exercises	Free Exercises
Rods	Rods	Rods	Rods
Aesthetics	Aesthetics	Aesthetics	Aesthetics
Song & Dance	Song & Dance	Song & Dance 2020 Cali Revue 2021	Cali Revue

INTERS

Championship (6 items - SET)	Champ Reserve – Division 3 (6 items - SET)	Division 4 – 7 (6 items – ROTATING)	Division 8 – 11 (6 items – SET)
March	March	March	March
Clubs	Clubs	Clubs	Clubs
Free Exercises	Free Exercises	Free Exercises	Free Exercises
Rods	Rods	Rods	Rods
Rhythmical Aesth	Rhythmical Aesth	Aesthetics	Aesthetics
Dance Arrangement	Dance Arrangement	Dance Arrangement 2020 Cali Revue 2021	Cali Revue

SENIORS

Championship (6 items - SET)	Champ Reserve – Division 3 (6 items - SET)	Division 4 – 7 (6 items – ROTATING)	Division 8 – 11 (6 items – SET)
March	March	March	March
Clubs	Clubs	Clubs	Clubs
Free Exercises	Free Exercises	Free Exercises	Free Exercises
Rods	Rods	Rods	Rods
Rhythmical Aesth	Rhythmical Aesth	Aesthetics	Aesthetics
Dance Arrangement	Dance Arrangement	Dance Arrangement 2020 Cali Revue 2021	Cali Revue

MASTERS: All Divisions: March, Clubs, Free Exercises, Rods, Aesthetics, Calisthenic Revue