

## **New VCCA Membership minimum requirements: improving the experiences for coaches.**

The Victorian Calisthenic Coaching Association (VCCA) has been working hard to redevelop their minimum membership attendance requirements in order to accommodate with the increasingly busy lifestyles of coaches.

Qualified members who register as Level 1, 2 or recreational coach will need to maintain a current first aid certificate and background check at all times. VCCA members will now have four years to complete the minimum attendance requirement made up of professional development (PD) and volunteer activities. On average two activities per year similar to our old requirements, but instead be in sync with the Australian Sports Commission (ASC) Log book requirements which also run on a four year cycle.

### **Attendance Requirements for Associate members.**

There is no mandatory minimum attendance requirement for Associate Members. Associate members can accrue professional development activity and volunteer activity credits to reduce their workload if they return to coaching later on.

### **Attendance Requirements for Recreational Coaches.**

Recreational coaches must complete four (4) professional development activities during a four (4) year cycle.

### **Attendance Requirements for Level 1 Coaches.**

Level 1 coaches must complete four (4) professional development activities and 4 volunteer activities during a four (4) year cycle.

### **Attendance Requirements for Level 2 Coaches.**

Level 2 coaches must complete four (4) professional development activities and 4 volunteer activities during a four (4) year cycle.

### **Please note:**

- These requirements will be reviewed alongside the four year logbook renewals for compliance.
- PD activities that are recognised by the ACF "Update and Development Program" can be recorded in your logbook as per usual and will gain you PD attendance as well as qualification update points.
- PD activities NOT recognised by the ACF "Update and Development Program" should be recorded on page 16- 17 for PD attendance only. They will not be eligible for "update points" for your qualification because they are not ACF endorsed.
- Volunteer activities must be recorded in your ACF logbook on pages 16-17 and have the relevant organiser sign next to this activity.
- Minimum attendance requirement during the four (4) year rollout is based on YOUR ASC expiry date: 2017 (0, 0), 2018 (1, 1), 2019 (2, 2), 2020 (3, 3). Please see question 10 for clarification.
- All ASC expiry dates from 2021 onwards, MUST complete minimum 4 Professional Development and four (4) volunteer activities per cycle to retain VCCA membership.
- Only activities listed in the Australian Calisthenic Federation (ACF) logbook under "Updating and Development Program" will accrue the 12 update points for Recreational Coaches, 24 update points for Level 1 Coaches, 48 update points for

Level 2 Coaches. These items are required to retain coaching qualifications with the Australian Sports Commission (ASC).

### **VCCA Membership Attendance Requirements**

#### **Professional development**

##### ***“Recognising Learning Opportunities”***

- VCCA seminars including all Coach Course modules unlimited credits/year
- CVI Timing course
- Competition Timer\* (1 credit per year)
- Competition Writer\* (1 credit per year)
- Seminar presenter (1 credit per year)
- CVI Lighting/DLP course
- ACF Coach Conference attendance (2 credits per conference)
- Examiners seminars which are item specific (1 credit per year)
- ASCA seminars which are item specific (1 credit per year)
- Coach Effectiveness Audit (1 credit per cycle)
- First aid course (1 credit per cycle)
- Seminar presenter\* (1 credit per year)
- State Team Coach (1 credit per cycle)
- Attend CVI coordinated Skills Prep classes
- Present at CVI coordinated Skills Prep classes
- Complete an ACF Skill Exam as a participant
- Approved online courses for updating (2 courses per cycle can count)
- Coach an ACF Skills Medal candidate (1 credit per year)

##### **Volunteer activities - one credit per year unless otherwise noted**

##### ***“Recognising Time Commitment Beyond Coaching”***

- Competition day volunteer (doors/ticket box/chairperson/MC) - unlimited credits/year
- Attend VCCA forum
- Competition committee member
- Competition Timer\*
- Competition Writer\*
- Competition Adjudicator
- Skills Examiner
- Skills exam venue supervisor
- VCCA Committee
- ASCA Committee
- EAB Member
- CVI Board Member
- CVI Grading Committee
- ACF Committee
- Skills Vic Committee
- Seminar presenter\*
- VCCA representative at CVI AGM (if not on COM)
- VCCA recognised mentoring (requested by VCCA COM to mentor specific clubs/Coaches)
- Assessor for Level 1 candidates (up to 2 credits per year)
- Video assessing for Level 1 candidates (up to 2 credits per year)

**\* The activities must be completed twice in a calendar year to gain credit as a professional development AND volunteer activity. If you complete this activity more than twice it will still only be counted as one credit point eg: If you are a writer at 8 competitions in 2017, you will only achieve 1 credit point.**

#### **Want to know more?**

1. *If I attend a Victorian Competition as a timer, does it also fulfil my volunteer requirements?*  
Yes, it will fulfil volunteer requirements. But if you also want to claim credit for professional development, you will need to be a timer for at least TWO competition sections.

*2. What does this mean for my ASC log book requirements, is this the same thing?*

No, your log book requirements have not changed. You will still need to complete the allocated points based on your coaching level. You will note that some Professional Development activities listed above, are not listed on pages 22-27 of your logbook; this means you can only gain PD attendance for these activities and not updating points for your Qualification as ACF does not endorse these activities for updating points.

*3. Can I use the new database to track these activities?*

Not at the moment. Although we are loading some activities on the database, they are not yet visible to members. We are actively working with the database company and will advise when this is available.

*4. Do I have to attend things every year?*

Not anymore. Coaches now have the flexibility to meet their minimum attendance requirements over a four year cycle. They may do everything in one year when their personal workload allows, or spread it out evenly over their four year cycle.

*5. What if I don't think I can meet the attendance requirement?*

You can still put in writing a request for attendance exemption to be reviewed by the VCCA Committee. They will review your extenuating circumstances and then provide a support plan to meet the intent of the requirements. The earlier you ask us for help, the earlier we can help you retain your membership.

*6. I was an Associate Member for two years, then a Level 1 Coach for two years during my four year cycle – how many attendances do I need?*

Over your four year cycle, you only need to attend 2 PD activities and 2 Volunteer activities, with the added benefit that you can attend these either whilst an associate or while a level 1 coach, whatever suits your lifestyle

*7. How do I volunteer at a Competition?*

VCCA solo competition will ask for volunteers via email once our timetable is finalised in March. CVI will advertise to Coaches via an email from our office as well. Other competitions have the option to list their volunteer coordinator contact details with the VCCA, and we will forward these onto members periodically as they become available to us.

*8. Does the Competition need to be a VCCA or CVI Competition to gain an attendance?*

No it doesn't. Just remember that at whatever competition you volunteer, write the details on page 16-17 of your logbook and have the venue supervisor sign to confirm your attendance.

*9. What if I run out of room to record attendances in my logbook?*

Well great work! Once you have more than 4 of each type of activity recorded, it is optional whether you choose to keep recording them during your four year cycle.

*10. How many attendances do I need in the rollout period if I'm a level 1 or 2 Coach?*

Check your ASC expiry date, if it expires in:

- 2017, you aren't required to complete any attendances prior to your expiry date.
- 2018, you need 1 PD & 1 volunteer activity prior to your qualification expiry date.
- 2019, you need 2 PD & 2 volunteer activities prior to your qualification expiry date.
- 2020, you need 3 PD & 3 volunteer activities prior to your qualification expiry date.
- 2021 and beyond requires 4 PD and 4 volunteer activities prior to your qualification expiry date.

*11. How many attendances do I need in the rollout period if I'm a recreational coach?*

Check your ASC expiry date, if it expires in:

- 2019, you need 2 PD activities prior to your qualification expiry date.
- 2020, you need 3 PD activities prior to your qualification expiry date.
- 2021 and beyond requires 4 PD activities prior to your qualification expiry date.