TEAM COMPETITION ENTRY

CONDITIONS, OPERATIONAL AND ADMINISTRATIVE RULES

2019

In conjunction with ACF National Rules & Administrative Procedures
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The contents of these rules must be read in conjunction with the ACF National Rules and Regulations. Victorian Flexible Rules and terms of conditions of entry are part of the requirement of entry to all Victorian Metropolitan and Country Competitions & Eisteddfods

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SECTION 1: CONDITION OF ENTRY

1.1. CLOSING DATE FOR ENTRIES
1.1.1 State Championships and ALL other Metropolitan Competitions – 5th April 2019
1.1.2 Late entries will be accepted up to 1 week after the closing date but a penalty fee of $25 per Club applies
1.1.3 Any other late entries will be accepted up until schedule release date but a penalty fee of $50 per Club applies. After schedules have been completed the fee for late entries will be $100
1.1.4 At all other Metropolitan Competitions - late entries will be accepted until 30th April from teams who have been referred by other competitions - without penalty
1.1.5 If a Club withdraws from a section, refunds will only be applicable prior to the release of the Competition Schedule
1.1.6 R.S.S.S. – To be advised. Late entries not accepted.

1.2. EARLY ARRIVALS/LATE DEPARTURES
1.2.1 Early arrivals who enter competition venues before the stated time will incur a penalty of $25. The same penalty will apply to those who do not vacate the dressing rooms/venue within 15 minutes of the conclusion of a session.

1.3. ELIGIBILITY
For Clubs to be eligible to compete in any Victorian Competition:
1.3.1 All competitors must be fully registered with Calisthenics Victoria or reciprocal State Association and must be a minimum of 3 years of age prior to competing
1.3.2 All Coaches must be correctly registered through their State Body. They must be a Registered ASC Level One/Two Coach and a financial member of the VCCA or reciprocal State Coaching Body, at the time of lodging entries
1.3.3 Clubs must have a current grading from Calisthenics Victoria Grading Committee
1.3.4 Competitors can only compete once in each item in appropriate age group
1.3.5 Competitors can only compete with one registered club per competition season unless transfer is approved by Calisthenics Victoria Office. Penalty: competitor will be deregistered for 12 months and the ‘new club’ will be fined $500.

1.4. ENTRY ADJUSTMENTS
1.4.1 Additional team entries: (includes 2nd & subsequent teams) - one month after closing date for additional teams. Penalty of $50 will apply after the release of schedule
1.4.2 Withdrawal of entered team: Withdrawals can be made at any time. However no refunds will be given at the time. Reconciliation of competitor numbers will occur at the conclusion of the competition season
1.4.3 All adjustments are subject to the availability of time, program and venue space and decision by Competition Convenor is final
1.5. ENTRY FEES & OTHER COMPETITION RELATED CHARGES
1.5.1 Clubs should pay their entry fees as per the number of pupils registered on 31st March.
1.5.2 Base rate of $24.00 per item (6, 7 & 8 competitors) then $3 per additional participant per item
1.5.3 The balance for extra pupils registered after that date should be paid within 7 days following their team’s competition
1.5.4 If more pupils registered with Calisthenics Victoria than appear at competitions, the club may apply for a refund of amounts over $36.00 per competition through the Competition Convenor and will be at the discretion of the Competition Convenor (ie not applicable for absences on day)
1.5.5 Entry Fees can be paid in two instalments if total is over $400 per competition – 50% with lodgment of the Entry Form, and the balance by 1st July
1.5.6 A penalty of $200 will apply to any Club who has not paid the balance of entry fees & other competition related fees/charges by the due date, unless a payment plan has been agreed between the Club and Competition. Any prize money accrued will not be paid.
1.5.7 Penalty for breach as follows:
   i. On the first occasion the Club will incur a fine of $200
   ii. On the second occasion (within 3 years) the Club will incur a fine of $500
   iii. On the third occasion (within 3 years) the Club will be deregistered for the following calendar year.

1.6. EXEMPTIONS
1.6.1 Clubs must apply through the Calisthenics Victoria office to the Director of Competition for exemptions that include:
   1.6.1.1. Pupils to compete outside their age group
   1.6.1.2. Disability
1.6.2. Requests must be accompanied by backing documentation (eg Medical Practitioner advice etc)
1.6.3. Date for all requests to be submitted is 31st March

ADDITIONAL COUNTRY RULE
1.6.4. Permission may be given for 14 year old pupils in country clubs to compete as Seniors if clubs do not have enough Intermediates to form a competitive team
1.6.5. Clubs from Melbourne, Ballarat and Geelong, who compete at Country Competitions, must abide by ACF rules

1.7. MASTERS
1.7.1. If a Club has a large number of members in their Masters section and there is a great variation in their Calisthenic abilities, they may apply to Calisthenics Victoria Grading Committee to have 2 teams in your Masters section graded separately, but they must have a different name. There must be a minimum of a 3 division variance. This will only apply to Masters – no other age groups. (Team members will not be interchangeable.)
1.8. MINIMAL RULES
The following sections follow ACF Minimal Rules in Victoria:
1.8.1. Championship Intermediates
1.8.2. Champ Reserve Seniors
1.8.3. Championship Seniors
1.8.4. All other sections and divisions are Standard Rules

1.9. NON APPEARANCE
1.9.1. Failure to notify a Competition Committee Secretary at least 24 hours in advance of a nonappearance will incur a fine of $100.
1.9.2. Non-payment of this fine will automatically exclude the team from any competition for the following 12 months

1.10. NUMBER OF COMPETITIONS / TEAMS ENTERED
1.10.1. Maximum number of Team Competitions a Club may enter per age group per year is 5 including Royal South Street - (Masters – 4). This rule will be audited annually
1.10.2. Clubs with 18+ registered members in one age section – all teams must have a minimum of 8. Changes to registered numbers must be given to the Calisthenics Victoria Office by 31st May
1.10.3. Teams with 18 or fewer registered members entering two teams, the 1st team must have a minimum of 8
1.10.4. Failure to comply with points 1.10.1, 1.10.2 & 1.10.3 will result in the Club receiving the following penalties:
   i. Participation in 1 less Competition in the following year and
   ii. $200 fine.

ADDITIONAL COUNTRY RULE
1.10.4. If a Club has 6 - 7 pupils in an age group, they may compete without penalty, with those 6 - 7 pupils appearing in all items. If they add additional pupils for some items, they would incur a “5 point penalty” for any items with less than 8 competitors, unless those extra competitors are competing in another age group. (Remember – they cannot compete in 2 age groups in the same item, except Calisthenic Revue/Dance Arrangement (see Appendix 1 - Victorian Flexible Rules.)
1.10.5. If a Club registers 8 or more pupils in a section (with Calisthenics Victoria), and any leave prior to a Country Competition, leaving that section with only 6 or 7 pupils, the Club must advise the Director of Competitions who will grant permission for the team to compete without penalty. Non-attendance or illness on the day of the Competition, which leaves the Club with less than 8 pupils, is not a reason for the Club to compete without penalty.

1.11. PREGNANCY
1.11.1. To be covered by insurance a current medical clearance certificate from an obstetrician only should be supplied to the competition supervisor giving clearance to compete.
1.12. PROPERTY DAMAGE
1.12.1. Any Club or individual responsible for damage to venues (e.g. lipstick, legtan on walls/floors; applying legtan in toilet areas; damage caused by props, etc., including damage to the cyclorama) will incur a $100.00 penalty plus the cost of repairs. They will also be ineligible to compete in the following year.

1.12.2. Dressing rooms must be left clean and tidy. Unreasonable rubbish/debris left in room will incur a $50 fine.

1.13. RISK MANAGEMENT
1.13.1. Clubs must supply a list of all competitors, Coaches, Assistants and helpers as well as a list of all WWC/VIT numbers for dressers at every competition to comply with Calisthenics Victoria’s Risk Management Policy and Occupational Health & Safety requirements.

1.13.2. Club administrators are responsible to ensure the health and safety of all others at competition venues, including fellow competitors, other team competitors and the calisthenic public. This includes knowingly allowing a competitor with an infectious disease to be present/competing.

1.13.3. In the event of an onstage injury, it is the coaches’ responsibility to stop the item and remove the injured competitor. If this is not done, the Stage Manager will then assume responsibility as part of the Duty of Care of the role.

1.14 WITHDRAWAL
1.14.1 Withdrawal of teams from competition AFTER release of Schedule will forfeit all entry fees.
1.14.2 Entry Adjustments – see 1.4.
SECTION 2: OPERATIONAL

2.1. ADMISSION PRICES
2.1.1. Admission prices are set by each Competition, according to venue costs
2.1.2. Companion Card Holder is entitled to concession priced entry and the CARER they are with receives complementary admission. The carer MUST be with the person requiring care at the time of purchase and are only able to be purchased at the ticket box. The Companion Card contains a photo ID of the person it is allocated to
2.1.3. Pensioner Concessions are applicable to holders of Australian Government Pensioner Concession Cards (Aged, Disability, Veterans Affairs etc.)
2.1.4. Health Care Cards and Seniors Cards are not valid for concession prices at Calisthenic events
2.1.5. The ACF/Calisthenics Victoria age for children’ tickets is 16 years & under, with free admission for children 5 years & under.

2.2. COACHES
2.2.1. Free admission will be given to the Registered Level One/Two Coach and up to 2 Registered Assistants for the section of competitions when their team is competing. Any additional Registered Assistants may pay a Child’s admission price for that section
2.2.2. If a Club has 3 teams, one additional pass is required
2.2.3. Only 1 Registered Coach, 2 Assistants and 2 helpers or 4 Assistants/helpers permitted side stage with any item excluding Calisthenic Revue
2.2.4. Male assistants/coaches shall be given access to backstage only. The competing club must notify the competition convenor at time of entry to allow notification to be given to other teams entering.

2.3. COMBINED GRADES AT COMPETITIONS
2.3.1. Where two divisions (maximum) are combined at a competition the team in the lowest grading will received a 1 point bonus. ie Division 2 & 3 teams combined, the items of the Division 3 teams will have 1 point added to their total by the adjudicator. This does not apply to Tinies sections.

ADDITIONAL COUNTRY RULE
2.3.2. Where two divisions are combined at a competition the team in the lowest grading will receive a 1 point bonus. ie Division 2 & 3 teams combined, the items of the Division 3 teams 1 point will be added to their total by the adjudicator. This does not apply to Tinies sections. Permission must be sought from C.V.I. to combine more than 3 Grades

2.4. DISABILITIES AND SPECIAL EXEMPTION REQUESTS
2.4.1. Applications for Exemptions are to be addressed to the Calisthenics Victoria Director of Competitions and lodged via the Calisthenics Victoria Office with appropriate medical documentation and parental request
2.4.2. Once approved, clubs will receive an official letter of exemption which must be presented to the Competition Convenor upon check-in.
**2.5 DRESSERS**

2.5.1. At Calisthenics Victoria State Championships, dressing room passes will be allotted to each Club using the following ratio:

i. Tinies, Sub Juniors & Juniors – 1 pass for 3 participants;
ii. Intermediates & Seniors – 1 pass for 5 participants;

2.5.2. Passes do not admit dressers to the audience

2.5.3. All “Dressers” including fathers, must have a valid WWC or VIT and an up-to-date list of all names and WWC / VIT numbers must be submitted on the supplied form to the competition convenor on the day

2.5.4. Parents may be admitted to enter the dressing area at lunch/dinner breaks only.

**2.6 FINISHING TIMES AT COMPETITIONS**

2.6.1. All competitions must be finished by the following times (excluding School Holiday periods):

<table>
<thead>
<tr>
<th>Category</th>
<th>Finish Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sub Juniors</td>
<td>9.00pm</td>
</tr>
<tr>
<td></td>
<td>6.00 pm Sunday</td>
</tr>
<tr>
<td>Juniors</td>
<td>10.00pm</td>
</tr>
<tr>
<td></td>
<td>8.00 pm Sunday</td>
</tr>
<tr>
<td>Intermediates</td>
<td>10.30pm</td>
</tr>
<tr>
<td>Seniors</td>
<td>10.30pm</td>
</tr>
</tbody>
</table>

2.6.2. Sub Juniors must not be scheduled for weeknights or Sunday nights; and only on Friday evenings under exceptional circumstances, when they must finish by 9pm

2.6.3. Tinies must not be scheduled for weeknights or Sunday nights.

**2.7 INJURIES**

2.7.1. Competitors appearing with existing injury or illness, do so at their own risk as their insurance will be null and void.

**2.8 MALES IN DRESSING ROOMS**

2.8.1. Calisthenics Victoria Policy permits fathers/male guardians in dressing areas, as dressers, at all Tinies and Sub Junior Competitions, unless the Club has allocated dressers, and provided that the organisers are advised on arrival and other Clubs sharing the dressing room are agreeable. All competitors (girls and boys) should wear body suits to avoid any problems

2.8.2. Males other than those in 2.8.1 are not permitted in female dressing rooms.

**2.9 MID CURTAIN**

2.9.1. Where the distance is less than 75cm from cyc to back curtain at any venue, the mid curtain may be used for a reveal. However, all competitors must be as far back to the curtain as possible

2.9.2. Coaches and adjudicators should be informed of the availability of this prior to the commencement of the competition
2.10  O.H. & S.
2.10.1 Anyone handling or assembling props and stage dressing backstage, must be 18 years of age. This is an O.H. & S. requirement of the theatre
2.10.2 Stage Dressing (props) must not be placed on stage or removed in a blackout
2.10.3 Competitions must have a First Aid Kit available at each venue throughout the length of competition.

2.11  RECOGNITION OF SECOND / SUBSEQUENT TEAMS
2.11.1 Provided a section in Tinies, Sub Juniors, Juniors and Intermediates has a minimum of 12 teams compete, with a minimum of 6 first and 6 second / subsequent teams, all Competitions must run 2 divisions. Where Grading has divided Divisions to include only 5 clubs, these will also qualify for 2 divisions as long as 5 first and 5 second / subsequent teams compete
2.11.2 The number of placings announced will be at the discretion of the Adjudicator, particularly where 2nd teams have less than the minimum number required
2.11.3 No prize money will be paid for second division.

2.12  RESULTS
2.12.1 Panel Sections:  Results will be announced after every 2nd item, with the last group announced on stage
2.12.2 All other sections: after every 2nd item unless more time is required to facilitate change of costumes in small sections
2.12.3 Competitors may be required on stage for final presentations but this is subject to individual Theatre Rules and competition space

2.13  RIGHT OF REVIEW
2.13.1 A Right of Review is only available when all items have been recorded. These may be referred to regardless of whether or not all Coaches/Clubs have requested their items to be recorded (Refer to ACF Rule 1.6 Right of Review.)
2.13.2 ASCA (Vic) approved competitions are Ringwood, Calisthenics Victoria, RSSS Ballarat and Longbeach (Arts Centre venue only)
2.13.3 If DVD/video facilities are available to be used for the “Right of Review”, the nominated Competition Official appointed to oversee the process must sign the Confidentiality Agreement in the ACF Rules.

2.14  TIME LIMITS

<table>
<thead>
<tr>
<th></th>
<th>CORE ITEMS</th>
<th>FANCY ITEMS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tinies</td>
<td>1½ - 2½ minutes</td>
<td>2 – 3 minutes</td>
</tr>
<tr>
<td>Sub Juniors</td>
<td>1½ - 2½ minutes</td>
<td>2 – 3 minutes</td>
</tr>
<tr>
<td>Juniors</td>
<td>2 – 3 minutes</td>
<td>2 ½ - 3 ½ minutes</td>
</tr>
<tr>
<td>Inters</td>
<td>All items 2 ½ - 3 ½ minutes</td>
<td></td>
</tr>
<tr>
<td>Seniors</td>
<td>All items 2 ½ - 3 ½ minutes</td>
<td></td>
</tr>
<tr>
<td>Masters</td>
<td>2 ½ - 3 ½ minutes</td>
<td>3 – 4 minutes</td>
</tr>
<tr>
<td>Minimal Rules</td>
<td>Times in accordance with each section above. (Note: No twenty second rule applicable)</td>
<td></td>
</tr>
</tbody>
</table>
SECTION 3: COMPETITION ADMINISTRATION

To be registered with Calisthenics Victoria Incorporated, Competition Committees must agree to abide by the rules and guidelines listed below.

3.1 ADJUDICATORS

3.1.1 Adjudicators must not be approached for appointments until the date set at the Combined Competition Committees’ Timetable Meeting in May (usually 2 weeks).

3.1.2 Adjudicators are entitled to a minimum payment for 3 hours at Team Competitions. (Refer to Protocols of Appointing Adjudicators)

3.1.3 Payments should be made to both Adjudicators and Writers within a two week period

3.1.4 A list of disabilities and other exemptions must be handed to the Adjudicator on the appropriate form or via the MyStage platform by the competition convenor.

3.2 BREACH OF REGULATIONS

3.2.1 In the instance where an affiliated Victorian Calisthenic Competition is deemed to have breached a Rule or Regulation consistent with the Victorian Calisthenic Competition Regulation(s) they will be requested to provide information/explanation to the Victorian Competition Committee with regard to the alleged breach.

3.2.2 Following investigation of the alleged breach and considering any extenuating circumstances, the Victorian Competition Committee may or may not determine to impose a penalty for the alleged breach as follows:

3.2.2.1 On the first occasion the Competition will incur a $200 fine

3.2.2.2 On the second occasion (within 3 years) the competition will incur a $500 fine

3.2.2.3 On the third occasion (within 3 years) the competition will be deregistered for the following calendar year

3.2.2.4 Competitions so penalised shall have a right of appeal to the Calisthenics Victoria Board consistent with the Calisthenics Victoria Constitution, By Laws and Grievance Policy whose decision shall be final. If the penalty is deemed to be upheld any and all fines shall be payable within 14 days from the date of the decision. Failure to pay any fine(s) imposed will result in the competition being deregistered.

3.3 CONDITIONS

3.3.1 All Competitions must operate under ACF Rules and Special Victorian Competition Rules

3.3.2 Competition officials must be at least 18 years of age

3.3.3 All Competition officials, coaches, and back stage crew must hold a valid Working With Children Check / VIT Registration

3.3.4 All Competitions agree to offer Rotation Items as approved by Calisthenics Victoria

3.3.5 All Competitions agree to adhere to the programmed order of items

3.3.6 Competitions must not be conducted on Mothers’ Day or Father’s Day or at Easter and only after 1.00pm on Anzac Day
3.3.7 All Competitions agree to charge the Entry Fees, and pay the Prize money set annually by the Combined Competition Committees Meeting (Country Competitions excluded.)

3.3.8 In all sections, no matter the number of entries, 1st, 2nd, & 3rd place will be awarded and prize money paid for all placings irrespective of the number of teams entered.

3.3.9 For Competition Committees to be registered with Calisthenics Victoria they must ensure that at least one representative attends the Combined Team Competition Committees’ meeting held in May and November each year. Non-attendance will result in de-registration of that Competition.

3.4 CONFIDENTIALITY AGREEMENTS
3.4.1 These Statements are valid for 5 years, and should be forwarded to the Calisthenics Victoria Office.

3.4.2 All Confidentiality Agreements should have been renewed in 2015, and thereafter in, 2020, 2025, 2030 etc.

3.4.3 They must be signed by –
   i. Timers & Assessors;
   ii. DVD/video operators
   iii. Nominated Competition Officials who will be involved in the Right of Review process.

3.5 ENTRIES (CLOSING DATES)
3.5.1 See Section 1

3.5.2 All other metropolitan competitions:
   i. If you cannot offer a section, Clubs must be notified within one week of closing date and given the option of entering another competition. Entry fees must be refunded promptly.
   ii. Late entries will be accepted until 30th April 2019 from teams who have been referred by other competitions – without penalty.

3.6 GRADING – TEAMS
3.6.1 Clubs must compete as graded by the Calisthenics Victoria Grading Committee.

3.6.2 For grading purposes, competition results should be forwarded electronically to the Grading Manager - grading@calisthenics.asn.au, or by mail to Calisthenics Victoria Grading Manager, P.O. Box 371, Vic 3171. Results should be submitted fortnightly throughout the competition.

3.6.3 Failure to send competition results in the provided electronic format to the Grading Manager within 2 weeks of the conclusion of the competition will incur a fine of $200 and may lead to deregistration. Competitions running in excess of two weeks need to send their results every two weeks for the duration of the competition.

3.7 NON APPEARANCE
3.7.1 PENALTY FINES MUST BE ENFORCED as per Section 1; 1.5
3.8 **PENALTIES**
3.8.1 Penalty fines must be enforced

3.9 **TIMING OF ITEMS**
3.9.1 All Competitions must use Timekeepers accredited by Calisthenics Victoria. Accreditation is valid for 5 years and must be updated as required
3.9.2 Timing penalties should be handed to Adjudicators, using the correct penalty form, immediately after the item, with the recorded time listed on the sheet
3.9.3 Timekeepers must not have any involvement with a competing Club
3.9.4 For Tinnie Competitions only – 1 timer may be used.

3.10 **TIMETABLES/SCHEDULES**
3.10.1 It is recommended that all sections are single grades only. A maximum of 2 consecutive grades may be combined provided they share the same suite of items
3.10.2 It is a long held Calisthenic protocol that 2\(^{nd}\), 3\(^{rd}\), and 4\(^{th}\) teams are programmed ahead of 1\(^{st}\) teams; and that the order of appearance of Clubs is rotated fairly
3.10.3 Four (4) Clubs are required to run a section
   3.10.3.1 If one (1) Club withdraws after the timetable is completed, the competition may go ahead with 3 Clubs participating
   3.10.3.2 If two (2) Clubs withdraw after the timetable is completed, that section must be cancelled and entry fees refunded
3.10.4 If only three (3) Clubs enter a section (in a competition), provided there is a minimum of six (6) teams entered in Free Exercises, Rods and Clubs, the section may be held
   3.10.4.1 If one (1) Club withdraws after the timetable is completed, the section must be cancelled and entry fees refunded.
3.10.5 Release of timetables:
   3.10.5.1 A copy of the Final Timetable must be emailed to Calisthenics Victoria office by the Friday following the Combined Competition Committees’ Meeting in May
   3.10.5.2 The office will email them to all Club Administrators, and on the next working day, will release to the public via Calisthenics Victoria electronic media
   3.10.5.3 Competitions must not distribute them before they are released by Calisthenics Victoria office.
3.10.6 A minimum break of 60 minutes is required between sessions unless extenuating circumstances with scheduling has arisen
3.10.7 Scheduled competition time for Tinnie and Sub-Juniors should not exceed 5 ½ - 6 hours including breaks – Calisthenics Victoria cannot enforce the times for RSSS.
3.11. TRANSFER OF ENTRIES

3.11.1. Once the schedules are posted, there will be no approach allowed to any competition convenor for a LATE ENTRY by a club

3.11.2. If a club chooses to withdraw from a competition due to the fact that the date doesn’t suit, it is not a valid reason and no refund will be given

3.11.3. Where this occurs, Convenors will alert other competitions to ensure communication is open and current

3.11.4. If a convenor is approached by a club requesting to be accepted as a LATE ENTRY, the convenors have all agreed to the response being NO

3.11.5. If a club withdraws and thus preventing a competition to continue the remaining clubs entered will be offered out to other competitions and a TRANSFER OF ENTRY will be allowed. This will not be possible for the withdrawing club

3.11.6. The offer of a transfer will be conducted by Competition Convenors and notify the Director of Competition of all transfers.

Any queries, please contact the Calisthenics Victoria Director of Competitions dir.comp@calisthenics.asn.au
## SECTION 4: APPENDICES

### 4.1 APPENDIX 1 - ACF RULES: VICTORIAN FLEXIBLE RULES
(To be read in conjunction with the ACF National Rules and Regulations)

<table>
<thead>
<tr>
<th>ACF RULE NUMBER</th>
<th>DEFINITION</th>
<th>VIC FLEXIBLE RULE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.2 e) COMPETITION</td>
<td>A competitor or team cannot compete in two (2) age sections in the same item</td>
<td>EXCEPT – Calisthenic Revue and Dance Arrangement where a maximum of six competitors will be permitted to work up into an older age group on the proviso that the Intermediates working up into the Senior Calisthenic Revue meet the Senior age requirement of 16 years. This special condition does not apply to any other items in any age group.</td>
</tr>
<tr>
<td>1.2 f)</td>
<td>A competitor or team cannot compete in two age sections in the same item</td>
<td>Flexible Rule: A competitor or team cannot compete in two age sections or teams in one age group in the same item. No aggregate points will be awarded (or will be retracted) and no prize money will be awarded, for the items concerned</td>
</tr>
<tr>
<td>1.3 a) AGGREGATE</td>
<td>i. To be eligible for the aggregate and reserve trophies, a team must compete in all items programmed. (This only applies to the Victorian State Championships conducted by Calisthenics Victoria)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>ii. Points for Aggregate Trophies will be assigned as follows</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>1&lt;sup&gt;st&lt;/sup&gt;</td>
</tr>
<tr>
<td></td>
<td></td>
<td>6 pts</td>
</tr>
<tr>
<td>2.1 AGES</td>
<td>ACF MEMO: October 17 2018 Tinies 7 years and under ) Sub-Juniors 8 - 10 years ) Juniors 11 - 13 years ) Intermediates 14 - 17 years ) Seniors 18 years and over (no maximum) Masters 26 years and over (no maximum) on 31 December in the year of competition</td>
<td>Victorian Age Groups wording: Tinies 7 years and under ) Sub-Juniors 10 years and under ) Juniors 13 years and under ) Intermediates 17 years and under ) Seniors 16 years and over (no maximum) Masters 26 years and over (no maximum) on 31 December in the year of competition</td>
</tr>
<tr>
<td></td>
<td>Clubs must seek written permission from Calisthenics Victoria Director of Competitions for any pupils to compete outside their age group where there are extenuating circumstances due to – a) physical or intellectual disability b) there being no provision at the Club for such pupil to work in their own age group c) Email <a href="mailto:admin@calisthenics.asn.au">admin@calisthenics.asn.au</a> to apply for an exemption.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• A pupil who is 15 years of age at 31&lt;sup&gt;st&lt;/sup&gt; December, will be permitted to appear in the Senior section provided:</td>
<td></td>
</tr>
</tbody>
</table>
| | a) Written permission is obtained from Calisthenics Victoria Director of Competitions  
b) The pupil does not appear in a similar item in the Intermediate section  
c) There is no provision for such pupil to work in the Intermediate section  
d) That such upgrading does not jeopardise the Intermediate section of the Club.  

**Country Clubs for Country Competitions**

- Permission may be given for 14 year old pupils to compete as Seniors if Clubs do not have enough Intermediates to form a competitive team.

| 2.3 b) MINIMUM NUMBER | i. Teams with less than the minimum number will incur a penalty of 5 points. (Breach of Rules.) | (Victorian Minimum Number = 8)  
i. Maximum of 2 less competitors permitted to perform – except under extenuating circumstances on the day, when Tinies will be permitted to appear with 5 competitors in Free Exercises and Rods; and Sub Juniors with 5 competitors in Free Exercises, Rods and Clubs. Supporting evidence must be provided to the Competition Convenor and may need referral via Director of Competitions.  
ii. Clubs with 18+ registered members in one age section – all teams must have a minimum of 8 competitors. The cut-off date to provide the Calisthenics Victoria office with changes to 18+ registered numbers is 31st May.  
iii. Teams with 18 or few registered members entering two teams, the 1st team must have a minimum of 8  

**Country Clubs at Country Competitions**

- If a Club has 6 - 7 pupils in an age group, they may compete without penalty, with those 6 - 7 pupils appearing in all items. If they add additional pupils for some items, they would incur a ‘5 point penalty’ for any items with less than 8 competitors, unless those extra competitors are competing in another age group. (Remember – they cannot compete in 2 age groups in the same item, except Calisthenic Revue.)

- If a Club registers 8 or more pupils in a section (with Calisthenics Victoria), and any leave prior to a Country Competition, leaving that section with only 6 or 7 pupils, the Club must advise the Director of Competitions who will grant permission for the team to compete without penalty. Non-attendance or illness on the day of the Competition, which leaves the Club with less than 8 pupils, is not a reason for the Club to compete without penalty.
| 3.1 b) LIGHTING |
| Lighting & Blackout |
| Opening/Closing | **Not allowed** (Intermediates and Seniors excepted) |
| **Lighting in Core Items**, (March, Clubs, Free Exercises & Rods), is not permitted except for those divisions/sections with minimal rules. |
| Intermediate Championship Reserve section is allowed lighting in Core Items. All other rules remain as per standard rules (ie NOT Minimal Rules) |
| Junior Championship section is allowed lighting in Core Items *when at the Palais only*. All other rules remain as per standard rules (ie NOT Minimal Rules) |

| 3.1 c) Front Curtain | **AESTHETIC & RHYTHMICAL AESTHETIC** |
| **No** (except where blackout unavailable or to place team on stage for blackout start) | 1) If the item commences in a blackout, coaches are not permitted on stage during the set-up to check the placement of the competitors |
| 2) For safety reasons, the front curtain may be closed whilst competitors find spots on the stage. Once ready the stage may go to blackout and the curtain lifted. Coaches are not permitted on stage during set-up |
4.2 APPENDIX 2 - ROTATION OF ITEMS 2019

TINIES: All Divisions: Free Exercises, Rods, Character/Folk Dance, Song with Actions/Movements

SUB-JUNIORS

<table>
<thead>
<tr>
<th>Championship (6 items)</th>
<th>Champ Reserve, Division 1 - 11 (6 items)</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>March</td>
</tr>
<tr>
<td>Clubs</td>
<td>Clubs</td>
</tr>
<tr>
<td>Free Exercises</td>
<td>Free Exercises</td>
</tr>
<tr>
<td>Rods</td>
<td>Rods</td>
</tr>
<tr>
<td>Aesthetics</td>
<td>Aesthetics</td>
</tr>
<tr>
<td>Song &amp; Dance</td>
<td>Song &amp; Dance</td>
</tr>
</tbody>
</table>

JUNIORS

<table>
<thead>
<tr>
<th>Championship (6 items)</th>
<th>Champ Reserve, Division 1 - 11 (6 items)</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>March</td>
</tr>
<tr>
<td>Clubs</td>
<td>Clubs</td>
</tr>
<tr>
<td>Free Exercises</td>
<td>Free Exercises</td>
</tr>
<tr>
<td>Rods</td>
<td>Rods</td>
</tr>
<tr>
<td>Aesthetics</td>
<td>Aesthetics</td>
</tr>
<tr>
<td>Song &amp; Dance</td>
<td>Cal Revue</td>
</tr>
</tbody>
</table>

INTERS

<table>
<thead>
<tr>
<th>Championship (6 items)</th>
<th>Champ Reserve, Division 1 - 3 (6 items)</th>
<th>Division 4 - 11 (6 items)</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>March</td>
<td>March</td>
</tr>
<tr>
<td>Clubs</td>
<td>Clubs</td>
<td>Clubs</td>
</tr>
<tr>
<td>Free Exercises</td>
<td>Free Exercises</td>
<td>Free Exercises</td>
</tr>
<tr>
<td>Rods</td>
<td>Rods</td>
<td>Rods</td>
</tr>
<tr>
<td>Rhythmical Aesthetics</td>
<td>Rhythmical Aesthetics</td>
<td>Aesthetics</td>
</tr>
<tr>
<td>Dance Arrangement</td>
<td>Dance Arrangement</td>
<td>Dance Arrangement</td>
</tr>
</tbody>
</table>

SENIORS

<table>
<thead>
<tr>
<th>Championship (6 items)</th>
<th>Champ Reserve, Division 1 - 3 (6 items)</th>
<th>Division 4 - 11 (6 items)</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>March</td>
<td>March</td>
</tr>
<tr>
<td>Clubs</td>
<td>Clubs</td>
<td>Clubs</td>
</tr>
<tr>
<td>Free Exercises</td>
<td>Free Exercises</td>
<td>Free Exercises</td>
</tr>
<tr>
<td>Rods</td>
<td>Rods</td>
<td>Rods</td>
</tr>
<tr>
<td>Rhythmical Aesthetics</td>
<td>Rhythmical Aesthetics</td>
<td>Aesthetics</td>
</tr>
<tr>
<td>Dance Arrangement</td>
<td>Cal Revue</td>
<td>Cal Revue</td>
</tr>
</tbody>
</table>

MASTERS: All Divisions: March, Clubs, Free Exercises, Rods, Aesthetics, Calisthenic Revue

STANDARD RULES: Tinies, Sub-Junior, Junior, Inters Champ Reserve - Div 11, Seniors Div 1 – 11 and Masters sections.

MINIMAL RULES: Champ Inters, Champ Reserve Seniors & Championship Seniors

*Champ Reserve Inters: Lighting in core items, not minimal rules
Championship Juniors: Lighting in core items allowed, not minimal rules at Calisthenic Victoria State Championships when at The Palais only— at all competition venues. (agreed to in May 2019)

Survey to be conducted May 2019 to consider future rotations 2020 - 2023
### 4.3 APPENDIX 3 - SUMMARY BREACH OF VICTORIAN RULES PENALTIES

Please refer to the relevant rule number for full explanation.

<table>
<thead>
<tr>
<th>RULE AREA</th>
<th>RULE DEFINITION</th>
<th>PENALTY</th>
<th>ADMINISTERD BY</th>
</tr>
</thead>
<tbody>
<tr>
<td>CONDITION OF ENTRY</td>
<td>Late entries after closing date</td>
<td>$50 fine</td>
<td>Competition convenor</td>
</tr>
<tr>
<td>1.2</td>
<td>Early Arrivals/Late Departures</td>
<td>$25 fine</td>
<td>Competition convenor</td>
</tr>
<tr>
<td>1.3</td>
<td>Eligibility 1.3.1, 1.3.2 &amp; 1.3.3</td>
<td>May result in deregistration</td>
<td>Calisthenic Victoria to be informed and investigate</td>
</tr>
<tr>
<td>1.3</td>
<td>1.3.4 Competitors can only compete with one club per competition season</td>
<td>Competitor deregistered for 12 months &amp; “new club” will be fined $500.</td>
<td>Calisthenic Victoria to be informed and investigate</td>
</tr>
<tr>
<td>1.5</td>
<td>Entry Fees and other competition related charges.</td>
<td>$200 fine if unpaid by due date</td>
<td>Competition convenor</td>
</tr>
<tr>
<td>1.9</td>
<td>Non-Appearance</td>
<td>24hrs = $100 Non-payment – exclusion for 12 months</td>
<td>Competition Convenor Director of Competition</td>
</tr>
<tr>
<td>1.10</td>
<td>Number of Competitions/teams entered</td>
<td>18+ = participation in one less competition following year</td>
<td>Calisthenic Victoria monitor and enforces entries for 1.10.1 &amp; 1.10.2 1.10.3 – Competition Convenors to revoke any prize money &amp; aggregate points awarded</td>
</tr>
</tbody>
</table>

### ALL OTHER ISSUES:

Any rule that relates to ACF or Calisthenic Victoria registration numbers, infringement of coaching regulations etc. must be forwarded onto Calisthenics Victoria to be investigated and resolved. The time lapse should be no longer than 7 days to report any such issues.

Where such issues do arise no action is to be taken by the Competition convenor/supervisor, other than informing the coach concerned of the noted infringement. Documentation to Calisthenics Victoria must be detailed and if possible, verified by at least one other official on the day.

Outcomes could include any prize money and aggregate points awarded being forfeited. This in turn, could alter the overall results, aggregate and grading points. Where this is the case, Calisthenics Victoria will inform both the Coach and Competition convenor of the outcome. It is then the responsibility of the Competition convenor to communicate all changes to the day’s results to the clubs concerned within 7 days of the outcome.