

## **MENTORING AGREEMENT**

**Signed Copy to be provided to the Level 1 Co-ordinator by the commencement of the Level 1 Coaches Course – in the envelope provided.**

**Mentor:** ..... **Phone No. (H)** .....  
(M) .....

**Level 1 Trainee:** ..... **Phone No. (H)** .....  
(M) .....

**We have agreed to work together in our mentoring relationship**

**Length of Relationship** (Estimated time we will work together eg on-going, 12 months etc)

**Logistics of Meetings** (Where we meet, frequency etc)

**Confidentiality Issues** (How we will handle them)

**Giving and Receiving Feedback**

**Other Aspects**

Signed By:

Level 1 Trainee: ..... Date: .....

Mentor: ..... Date: .....

***Mentor Co-ordinator will provide a copy of this Mentor Agreement to the Supervising Coach.***

Supervising Coach Details:

Name: .....

Club: .....

Contact details: .....

Phone No. (H) .....(M) .....

## **ROLES AND RESPONSIBILITIES**

### **MENTOR**

- Provide non-judgmental and constructive assistance.
- Be caring, positive, supportive and approachable.
- Be Pro-active.
- Maintain confidentiality
- Be a good listener and give constructive feedback.
- Identify trainee's strengths.
- Participate in an orientation session (2 hours)
- Commit to the negotiated agreement (see over)

### **MENTOR CO-ORDINATOR RESPONSIBILITIES**

- Provide the trainee's senior coach with a copy of the negotiated agreement.
- Research appropriate person for the mentoree, if required.
- Facilitate the training of the mentor session.
- Help with problem solving, if required.
- Be available for contact by mentors, mentorees and supervising coaches,
- Maintain a list of registered mentors