

2018 SPECIAL VICTORIAN COMPETITION RULES GRACEFUL SOLOS, CALISTHENIC SOLOS & DUOS

1. REGISTRATION

- 1.1 Entrants in solo sections must be registered with CVI by **9th February, 2018**.

2. ELIGIBILITY

- 2.1 Solo/Duo participants competing at Metropolitan Solo Competitions (Melbourne & Ballarat) must compete in 2 Core Items at Victorian State Championships in the same year of competition, or they forfeit any prizes or trophies won during that Solo season. They would also be ineligible to compete in Solos/Duos in the following year, unless they can prove exceptional circumstances
- 2.2 **Interstate Competitors:**
- 2.2.1 Interstate participants must have the appropriate Pupil Skill level required for Victorian Competitions. Proof of attainment must be forwarded to the CVI Office by the 9th February 2018
- 2.2.2 The Coach of the interstate competitor must be a fully qualified Level 1/2 Coach, registered with their State Body
- 2.2.3 A request for a solo grading must be forwarded to solo.grading@calisthenics.asn.au prior to the 9th February 2018, stating their previous solo experience/placings in both interstate and local competitions
- 2.2.4 Participants must provide proof that they are registered with their State Calisthenics Association.

3. GRADINGS

- 3.1 Competitors must compete as graded by the CVI Grading Committee, unless Sections are combined.

4. NOVICE/ELEMENTARY/OPEN RESERVE/OPEN SECTIONS

- 4.1 **Novice, Elementary, Open Reserve and Open sections will be provided if there are at least 6 Open, Open Reserve and Novice competitors, according to CVI Grading.**

5. NON APPEARANCE

- 5.1 Failure to give 24 hours' notice of a pending non-appearance will incur a fine of \$50 to be paid within 14 days. Failure to pay this fine, will generate a second letter from the Director of Competitions with a request for a \$50 fine to be paid within 14 days, otherwise a 12 month ban from solos/duos will apply the following year.

6. INJURIES

- 6.1 Competitors appearing with existing injury or illness, do so at their own risk as their insurance will be null and void.

7. ENTRIES

- 7.1 All entries will be accessed by way of MyStage. Once the cutoff date for applications has been attained, no further bookings will be accepted
- 7.2 Where 2 competitions are held **concurrently over a weekend, participants may only enter one of the 2 competitions offered. Penalties incurred:**
- i First occurrence \$50 fine and immediate withdrawal from CVI Solo Championships in the same year without refund
 - ii Second occurrence (within 3 years) \$500 fine, immediate withdrawal from CVI Solo Championships without refund and limitation to 5 competitions in the following year
 - iii Third occurrence (within 3 years) immediate withdrawal from all future competitions in current year without refund and exempt from entry to all Solo Competitions for the full solo season in the following 12 months

Exception is South Eastern and VCCA weekend where solo types offered are not the same.

8. REFUNDS

- 8.1 No refunds after entries close
- i. Extenuating circumstances can be submitted to the Director of Competitions for consideration (eg injury ruling competitor out of entire solo season). In these instances, Director of Competitions to direct competitions to refund
 - ii. Failure to advise competition of withdrawal 24 hours prior to commencement of competition (generally 6pm Thursday) incurs a \$50 fine
 - iii. Medical certificate can be submitted to avoid fine
 - iv. Medical certificate to be submitted by midnight Monday after scheduled appearance

Failure to pay the \$50 fine within a seven days of date of letter will result in withdrawal from the remainder of current and following solo seasons.

9. COACHES

- 9.1 All Coaches must be correctly registered through their state body as a Level One/Two Coach and a financial member of the VCCA, or reciprocal State Coaching Body, at the time of lodging entries
- 9.2 The Coach must have viewed the Banned Movements Video on an annual basis.

10. COACH'S PASS

- 10.1 Will be issued only to the registered Level One/Two Coach whose name appears on the Competition Entry Form.

11. DUOS

- 11.1 Competitors in the Duos do not have to be from the same Club, and each member of the pair must have the correct Calisthenic Pupil Skills Level for their age
- 11.2 All Duo competitors to compete in the age section that they are registered to work in for teams.

12. SKILLS LEVELS

12.1 The following Calisthenic Skills Levels are required for all Solo and Duo Competitions conducted in Melbourne and Ballarat, as well as for all competitors from those cities, including the Bellarine area, who compete in country competitions:–

8 years	Test 1	14 & 15 years	Grade 2
9 years	Test 2	16 years	Grade 3**
10 & 11 years	Test 3	17 years & over	Grade 4**
12 & 13 years	Grade 1		

12.2 ** An 80% Pass Rate is required for Aesthetic and Dance in the Grade 3 Skills Level for all entrants in 16 years Graceful Solo and Grade 4 Skills Level for all entrants in the 17 year and 18 year and over (Senior) Graceful Solo. To be eligible for the 17 Calisthenic Solo & 18 year Senior Calisthenic Solo section an 80% Pass Rate is also required in Free Exercises for participant born in the year 2000 and after

12.3 The required Skills Level must be attained by 31st. December of the year prior to the competition or pass the February Supplementary Exam. If an 18 year old competitor wishes to compete in the Senior Calisthenic Solo section but has not competed for a period of 12 months or more, they must fulfill the Skills requirement.

13. MINIMUM AGE

13.1 Minimum age for all competitors is –

Graceful Solo	11 years
Calisthenic Solo	8 years
Duos	11 years

14. RESTRICTION

14.1 Competitors aged 11 years & over are offered Graceful Solo, Calisthenic Solo and Calisthenic Duo and may compete in any **two** of the three sections available **in a calendar year**. Competitors must not participate in all three sections in a calendar year at metro/regional competitions but may appear in the National Solo Selections and the National Championships in a third section.

15. TIME LIMITS FOR SOLOS / DUOS

- Sub Juniors – 1 ½ - 2 ½ minutes
- Juniors – 2 to 3 minutes
- Inters – 2 ½ - 3 ½ minutes
- Seniors – 2 ½ - 3 ½ minutes **(including 17 year old sections)**

16. CHECK IN

16.1 Competitors must check-in at least 15 minutes prior to the commencement of a section, otherwise they will not be permitted to appear.

17. RIGHT OF REVIEW

17.1 A Right of Review is only available when all items have been recorded. These may be referred to regardless of whether or not all Coaches/Competitors have requested their items to be recorded. (Refer to ACF Rule 1.6 Right of Review)

17.2 ASCA (Vic) approved competitions are Avonde, VCCA, CVI and RSSS Ballarat.