

# 2017 SPECIAL VICTORIAN COMPETITION RULES GRACEFUL SOLOS, CALISTHENIC SOLOS & DUOS



## 1. REGISTRATION

- 1.1 Entrants in solo sections must be registered with CVI by **10<sup>th</sup> February, 2017**.

## 2. ELIGIBILITY

- 2.1 Solo/Duo participants competing at Metropolitan Solo Competitions (Melbourne & Ballarat) must compete in 2 Core Items at Victorian State Championships in the same year of competition, or they forfeit any prizes or trophies won during that Solo season. They would also be ineligible to compete in Solos/Duos in the following year, unless they can prove exceptional circumstances.

### 2.2 Interstate Competitors:

- 2.2.1 Interstate participants must have the appropriate Pupil Skill level required for Victorian Competitions. Proof of attainment must be forwarded to the CVI Office by the 10<sup>th</sup> February 2017.
- 2.2.2 The Coach of the interstate competitor must be a fully qualified Level 1/2 Coach, registered with their State Body.
- 2.2.3 A request for a solo grading must be forwarded to [solo.grading@calisthenics.asn.au](mailto:solo.grading@calisthenics.asn.au) prior to the 10<sup>th</sup> February 2017, stating their previous solo experience/placings in both interstate and local competitions.
- 2.2.4 Participants must provide proof that they are registered with their State Calisthenics Association.

## 3. GRADINGS

- 3.1 Competitors must compete as graded by the CVI Grading Committee, unless Sections are combined.

## 4. NOVICE/OPEN RESERVE/OPEN SECTIONS

- 4.1 Novice, Open Reserve and Open sections will be provided if there are at least 6 Open, Open Reserve and Novice competitors, according to C.V.I. Grading.

## 5. NON APPEARANCE

- 5.1 Failure to give 24 hours' notice of a pending non-appearance will incur a fine of \$25 to be paid within 14 days. Failure to pay this fine, will generate a second letter from the Director of Competitions with a request for a \$50 fine to be paid within 14 days, otherwise a 12 month ban from solos/duos will apply the following year.

## 6. INJURIES

- 6.1 Competitors appearing with existing injury or illness, do so at their own risk as their insurance will be null and void.

## 7. ENTRIES

- 7.1 All entries will be accessed by way of Trybooking.com. Once the cutoff date for applications has been attained, no further bookings will be accepted.
- 7.2 **Where 2 competitions are held concurrently over a weekend, participants may only enter one of the 2 competitions offered.**  
**Exception** is South Eastern and VCCA weekend where solo types offered are not the same.
- 7.3 **Any requests for late entries to be placed on a Waiting List must be approved by the Convenor. A cost of \$50.00 will be required which is non-refundable which will then allow a link to Trybooking.com for a late entry. If a withdrawal results in the entry being accepted, a further payment of the current entry fee becomes payable.**
- 7.4 **Any request for a Waiting List entry closes on the Monday prior to the competition before 5.00pm.**

## 8. REFUNDS

- 8.1 No refunds will be made if competitors are withdrawn 1 week after the closing date.
- 8.2 Refunds may be offered for a participant with a medical certificate only. The medical certificate must be from a suitably qualified medical practitioner.

## 9. COACHES

- 9.1 All Coaches must be correctly registered through their state body as a Level One/Two Coach and a financial member of the VCCA, or reciprocal State Coaching Body, at the time of lodging entries.
- 9.2 The Coach must have viewed the Banned Movements Video on an annual basis.

## 10. COACH'S PASS

- 10.1 Will be issued only to the registered Level One/Two Coach whose name appears on the Competition Entry Form.

## 11. DUOS

- 11.1 Competitors in the Duos do not have to be from the same Club, and each member of the pair must have the correct Calisthenic Pupil Skills Level for their age.
- 11.2 **A 16/17 year old competitor who chooses to work in the Senior section in teamwork must work in the SENIOR section of DUO.** For 2017, a 13 year old registered as an Intermediate can compete in the Junior Duo section, if their partner is working in the Junior Team section to align with ACF National competition in 2017.

## 12. SKILLS LEVELS

12.1 The following Calisthenic Skills Levels are required for all Solo and Duo Competitions conducted in Melbourne and Ballarat, as well as for all competitors from those cities, including the Bellarine area, who compete in country competitions:–

8 years	Test 1	14 & 15 years	Grade 2
9 years	Test 2	16 years	Grade 3**
10 & 11 years	Test 3	17 years & over	Grade 4**
12 & 13 years	Grade 1		

12.2 \*\* An 80% Pass Rate is required for Aesthetic and Dance in the Grade 3 Skills Level for all entrants in 16 years Graceful Solo and Grade 4 Skills Level for all entrants in the 17 year and 18 year and over (Senior) Graceful Solo. To be eligible for the 17 Calisthenic Solo & 18 year Senior Calisthenic Solo section an 80% Pass Rate is also required in Free Exercises for participant born in the year 2000 and after.

12.3 The required Skills Level must be attained by 31<sup>st</sup>. December of the year prior to the competition or pass the February Supplementary Exam. If an 18 year old competitor wishes to compete in the Senior Calisthenic Solo section but has not competed for a period of 12 months or more, they must fulfill the Skills requirement.

## 13. MINIMUM AGE

13.1 Minimum age for all competitors is –

Graceful Solo	11 years
Calisthenic Solo	8 years
Duos	11 years

## 14. RESTRICTION

14.1 Competitors aged 11 years & over are offered Graceful Solo, Calisthenic Solo and Calisthenic Duo and may compete in any **two** of the three sections available **in a calendar year**. Competitors must not participate in all three sections in a calendar year at metro/regional competitions but may appear in the National Solo Selections and the National Championships in a third section.

## 15. TIME LIMITS FOR SOLOS / DUOS

- Sub Juniors – 1 ½ - 2 ½ minutes
- Juniors – 2 to 3 minutes
- Inters – 2 ½ - 3 ½ minutes
- Seniors – 3 - 4 minutes **(including 17 year old sections)**

## 16. CHECK IN

16.1 Competitors must check-in at least 15 minutes prior to the commencement of a section, otherwise they will not be permitted to appear.

## **17. RIGHT OF REVIEW**

- 17.1 A Right of Review is only available when all items have been recorded. These may be referred to regardless of whether or not all Coaches/Competitors have requested their items to be recorded. (Refer to ACF Rule 1.6 Right of Review).
- 17.2 ASCA (Vic) approved competitions are Avonde, VCCA, CVI and RSSS Ballarat.